

## Additional SBPC Resources ...

**Addiction Recovery Ministries** SBPC refers to NCCC.  
Facilitator: Larry Erickson, laurenceerickson@gmail.com



# 2023 Care Resource Guide and Deacons' Ministries

## Pastoral Care

- Individual Counseling
- Pre-Marital Counseling
- Pastoral Visitation
- Weddings
- Pre- Planning for Memorial Services
- Memorials/Funerals & Graveside

For information or to schedule any of the pastoral services listed contact:  
Karen La-Haise, Coordinator of Care Ministries  
karen@solanapres.org or 858-509-2580 x 1221

## Pastor of Visitation - Home & Hospital

Homebound, pre-surgery visits, and hospital visits during convalescence & rehabilitation

John Illian, Pastor of Visitation, 858-509-2580 x1210; john@solanapres.org  
Karen La-Haise - 858-509-2580 x 1221; Karen@solanapres.org

## Wellness Ministry - Adults, Children & Families

Resources and information about emotional, physical and spiritual health  
Melissa Bolt, Director of Wellness ;Asst. Director Children's & Preteen Min.  
858-509-2580 x 1410; mental.wellness@solanapres.org  
Karen La-Haise - 858-509-2580 x 1221; karen@solanapres.org

## Grief Ministries

### **Grief Support - Understanding Your Grief - Winter & Fall Groups**

For information contact Karen La-Haise, karen@solanapres.org;  
858-509-2580 x 1221

**Service of Remembrance** Annual Fall Event, Oct. 28, 2023, 10AM  
Remembering and honoring those who have passed away.  
Karen La-Haise; karen@solanapres.org, 858-509-2580 x1221

FOR ADDITIONAL ASSISTANCE:

**Karen La-Haise, Coordinator of Care Ministries**  
karen@solanapres.org  
Or 858-509-2580 x 1221

March, 2023

## Deacon Board

**Moderator** Diana Ambrose, diana.ambrose11@gmail.com  
**Secretary** Camille Clemens, camillesews@sbcglobal.net  
**Communication** Andrea Cunningham, andreapcunningham@gmail.com

### **Board Members - 2023**

Judy Cours    Andrea Cunningham    Phebe Doig    Julie Huebner  
Cheryl Murray    Suzie Pegel    Kim Peterson  
Stephanie Richards    Ann Siemens    Linda Smith

### **Pastoral Advisor**

Cindy Wright, cindy@solanapres.org; 858-509-2587

## Deacon Care Ministries

### **Encouragement - Cards & Notes**

Encouragement in times of loss, illness & personal difficulty.

**Meals** Preparing and delivering meals to the ill, recovering, grieving & childbirth.

### **Visitation**

Friendship Visitation - Regular visits to assigned homebound "friend".  
Convalescent or Home - Short term visitation during convalescence & rehabilitation.

**Welcome Baby** - A new ministry to parents with newborns

Cheryl Murray, Ann Siemens  
sbpcdeaconcare@gmail.com

## Deacon Prayer Ministries

### **Prayer Chain**

Prayer Chain Team prays confidentially for all needs & requests submitted via email & worship connect cards.

Linda Smith, prayerchain@solanapres.org

### **Prayer Teams**

One-on-one prayer after worship  
Andrea Cunningham, andreapcunningham@gmail.com

### **Weekly Prayer Focus**

Providing prayer gatherings/opportunities and resources in response to needs/events in our congregation, community, nation & world

Kim Peterson, kimpeterson3@yahoo.com

## Deacon Service & Support Team

### **Communion Preparation**

Preparation, set-up, and clean-up of communion for worship services and home communion.

Stephanie Richards, stephanierichards@gmail.com

### **Home Communion**

Administering of communion in homes, hospitals, and care facilities to those unable to attend worship.

Suzie Pegel, u38258@cox.net

**Medical Supplies** - Equipment to loan. Check-out available at Church Office receptionist desk. Call 858-509-2580

### **Transportation to Sunday Worship -**

Cindy Wright, cindy@solanapres.org; 858-509-2587

### **Memorial Receptions**

Baking, staffing and onsite coordination of reception.

Judy Cours, judy.cours@gmail.com

Phebe Doig, pdoig316@gmail.com

Julie Huebner, huebies@aol.com

## Deacons of Hispanic Ministries

### *Diaconos del Ministerio Hispano*

### **Serving our members and community**

*Sirviendo a nuestros miembros y a la comunidad*

**for prayer, home communion, family crisis, financial crisis and pastoral care.**

*para oracion, comunion en hogar, crisis familiar, crisis financiera y cuidado pastoral.*

**If we cannot help, we can refer.**

*O le podemos ayudar la podemos referir.*

Ashley Atempa, 760-696-8995; ashleyatempa8@gmail.com

Pedro Enriques, 858-829-3615; pedro.realitychangers@gmail.com

Filomeno Jimenez, 619-381-1919; filomenojimenez31@gmail.com

Jpetul J'ernantes, 619-813-4503; jjmayanmd1@yahoo.com

Cruz Saldivar, 858-847-0509