

## MESSAGE OUTLINE

### Formed by the Psalms - Trust in God's Goodness

#### Psalm 37:1-6 (NIV)

- <sup>1</sup> Do not fret because of those who are evil  
or be envious of those who do wrong;  
<sup>2</sup> for like the grass they will soon wither,  
like green plants they will soon die away.
- <sup>3</sup> Trust in the Lord and do good;  
dwell in the land and enjoy safe pasture.  
<sup>4</sup> Take delight in the Lord,  
and he will give you the desires of your heart.
- <sup>5</sup> Commit your way to the Lord;  
trust in him and he will do this:  
<sup>6</sup> He will make your righteous reward shine like the dawn,  
your vindication like the noonday sun.

Old Testament Story:

Ruth 1:1–18, 2:1–13

#### NOTES:

Do not fret because of those who are evil or be envious of those who do wrong. —Psalm 37:1

1. **Do not fret because of those who do evil—be part of a family that is focused on the right things.**

*"It is possible to prepare for the future without knowing what it will be. The primary way to prepare for the unknown is to attend to the quality of our relationships, to how well we know and trust one another."*  
—Margaret Wheatley

2. **Do not fret because of those who do evil—do good.**

**Wendell Berry, *Sabbaths* – 1993, I**

No, no, there is no going back.  
Less and less you are  
that possibility you were.  
More and more you have become  
those lives and deaths  
that have belonged to you.  
You have become a sort of grave  
containing much that was  
and is no more in time, beloved  
then, now, and always.  
And you have become a sort of tree  
standing over a grave.  
Now more than ever you can be  
generous toward each day  
that comes, young, to disappear  
forever, and yet remain  
unaging in the mind.  
Every day you have less reason  
not to give yourself away.

3. **Do not fret because of those who do evil—find shelter under God's wing.**

*"But for you who fear my name, the Sun of Righteousness will rise with healing in his wings."* —Malachi 4:2