

MESSAGE OUTLINE

Formed by the Psalms - God Never Stops Saving and Creating Us

Psalm 40:1-4 (NIV)

- ¹ I waited patiently for the Lord;
he turned to me and heard my cry.
- ² He lifted me out of the slimy pit,
out of the mud and mire;
he set my feet on a rock
and gave me a firm place to stand.
- ³ He put a new song in my mouth,
a hymn of praise to our God.
Many will see and fear the Lord
and put their trust in him.
- ⁴ Blessed is the one
who trusts in the Lord,
who does not look to the proud,
to those who turn aside to false gods.

Old Testament Story:

Exodus 15:1-3

NOTES:

Waiting Patiently(?)

Psalm 40:1

"I waited patiently for the Lord;
he turned to me and heard my cry."

Psalm 40:17

"You are my help and my deliverer;
you are my God, do not delay."

Deliverance

Psalm 40:2

"He lifted me out of the slimy pit..."

"Exodus is the only thing that ever happens in the Bible." —Northrop Frye

The pattern of **orientation**, **disorientation**, and **reorientation** plays out in every major biblical narrative:

- Creation → Fall → Redemption
- Egypt → Wilderness → Promised Land
- Good Friday → Holy Saturday → Resurrection Sunday

This isn't just Israel's story or Jesus' story—it's our story, too.

New Song (Sing Your Song)

Psalm 40:3

"He put a new song in my mouth,
a hymn of praise to our God."

Exodus 15:1–3 (NIV)

Then Moses and the Israelites sang this song to the LORD:

"I will sing to the LORD,
for he is highly exalted.
Both horse and driver
he has hurled into the sea.
The LORD is my strength and my defense;
he has become my salvation.
He is my God, and I will praise him,
my father's God, and I will exalt him.
The LORD is a warrior;
the LORD is his name."

How Long?

"In some ways, suffering ceases to be suffering at the moment it finds a meaning." —Viktor Frankl