

June 27, 2021 - Pastor Mike McClenahan

PSALM 130
A song of ascents.

- 1 Out of the depths I cry to you, Lord;
- 2 Lord, hear my voice.
 Let your ears be attentive
 to my cry for mercy.
- 3 If you, Lord, kept a record of sins,
 Lord, who could stand?
- 4 But with you there is forgiveness,
 so that we can, with reverence, serve you.
- 5 I wait for the Lord, my whole being waits,
 and in his word I put my hope.
- 6 I wait for the Lord
 more than watchmen wait for the morning,
 more than watchmen wait for the morning.
- 7 Israel, put your hope in the Lord,
 for with the Lord is unfailing love
 and with him is full redemption.
- 8 He himself will redeem Israel
 from all their sins.

(Message Outline continued on the back)

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1. Ascending from the depths

Out of the depths... my whole being

I sink in the miry depths, where there is no foothold. I have come into the deep waters; the floods engulf me... Rescue me from the mire, do not let me sink; deliver me from those who hate me, from the deep waters. Do not let the floodwaters engulf me or the depths swallow me up or the pit close its mouth over me. Psalm 69:2,14–15 (NIV)

2 ...requires waiting, waiting, waiting, waiting, and waiting more than watchmen wait for the morning.

A large crowd followed and pressed around him. And a woman was there who had been subject to bleeding for twelve years. She had suffered a great deal under the care of many doctors and had spent all she had, yet instead of getting better she grew worse. When she heard about Jesus, she came up behind him in the crowd and touched his cloak, because she thought, "If I just touch his clothes, I will be healed." Immediately her bleeding stopped and she felt in her body that she was freed from her suffering. At once Jesus realized that power had gone out from him. He turned around in the crowd and asked, "Who touched my clothes?" "You see the people crowding against you," his disciples answered, "and yet you can ask, 'Who touched me?' " But Jesus kept looking around to see who had done it. Then the woman, knowing what had happened to her, came and fell at his feet and, trembling with fear, told him the whole truth. He said to her, "Daughter, your faith has healed you. Go in peace and be freed from your suffering."

Mark 5:24–34 (NIV)

3. ...to receive healing and forgiveness. and with him is full redemption.

I will exalt you, Lord, for you lifted me out of the depths and did not let my enemies gloat over me... You, Lord, brought me up from the realm of the dead; you spared me from going down to the pit... You turned my wailing into dancing; you removed my sackcloth and clothed me with joy. **Psalm 30:1, 3, 11 (NIV)**

If I go up to the heavens, you are there; if I make my bed in the depths, you are there. **Psalm 139:8 (NIV)**

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